

Color for Business, Beauty and Health

RED – Stimulates the sensory nervous system which energizes and senses: sight, hearing, touch, taste and smell; liver builder and stimulant; causes rapid expulsion of debris through the skin

ORANGE – Lung builder and respiratory stimulant; bone builder, stomach stimulant, relieves cramps and muscle spasms; Thyroid builder and stimulant; relieves flatulence and gas

YELLOW – Stimulates the motor nervous system, lymphatic system, intestines, pancreas; increases bowel movements; spleen depressant; equilibrator in melancholia; expels worms and parasites

LEMON – Produces a favorable change in the processes of nutrition and repair in persistent disorders; promotes coughing to expel mucus; bone builder, brain stimulant; thymus builder and stimulant

GREEN – Cerebral equilibrator; pituitary stimulant; stimulates the rebuilding of muscles and tissues; destroys micro-organisms, germs, bacteria, cleanses and prevents decay

TURQUOISE – Produces a favorable change in the processes of nutrition and repair in recent disorders; brain depressant; skin tonic; rebuilds burned skin

BLUE – Relieves itching, irritation of abraded surfaces; encourages perspiration; mild sedative; reduces or removes fever and inflammation; pineal stimulant; builds vitality

INDIGO – Parathyroid builder and stimulant; thyroid depressant; respiratory depressant; causes contraction, controls abscesses

VIOLET – Spleen builder and stimulant; decreases muscular activity including the heart muscle

More information may be found on each color and how to use it in Let There Be Light by Darius Dinshah - www.discover-color.com to order

Discover Color – Through the Five Senses and Beyond - \$11.00 inc postage
An over view of color and how to use it in many areas of business and life.
Ask about her workshops on color too. www.discover-color.com to order

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